



INTEGRAL UNIVERSITY



Department of Humanities and Social Sciences

Session 2025-2026



Extension Activity Report

Community Awareness Program on "Support, Include, Empower" organized by Department of Humanities & Social Sciences, Integral University, Lucknow

Title: "Support, Include, Empower"

Name of the Scheme: "Implementation of the Rights of Persons with Disabilities (RPwD) Act, 2016"

Session and Date: 2025-2026, 04th May 2026

Place of the Event: Rainbow Society, Lucknow

Event Organized by the Department: Department of Humanities and Social Sciences

Name of the Collaborating Agency: NSS

Numbers of Faculty Members Involved: 02

Number of Participants: 91

Zeba Aqil
Prof Zeba Aqil

(Head) Department of Humanities & Social Sciences
Humanities & Social Science
Integral University, Lucknow



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Department of Humanities and Social Sciences

Session 2025-2026



Extension Activity Notice

Notice on Extension Activity: Community Awareness Program on "Support, Include, Empower"

The Department of Humanities and Social Sciences, in collaboration with the National Service Scheme (NSS), is organizing an **Extension Activity** on the theme "**Support, Include, Empower**" under **Sustainable Development Goal (SDG 3: Good Health and Well-being)** to create awareness about the **Government Scheme: Implementation of the Rights of Persons with Disabilities (RPwD) Act, 2016**.

The programme aims to promote awareness regarding the rights, dignity, accessibility, inclusion, and empowerment of persons with disabilities while encouraging students to contribute towards building an inclusive and equitable society.

Date: 04 May 2026

Venue: Rainbow Society

All students and faculty members are cordially invited to participate in the programme and contribute towards promoting equality, inclusion, and social justice. The activity will be coordinated by Dr. Tabinda Anjum and Dr. Farha Shoaib, under the guidance of Prof. Zeba Aqil, Head of the Department.

Prof. Zeba Aqil

Head, Department of Humanities & Social Sciences
Integral University Lucknow


Prof Zeba Aqil

(Head) Department of Humanities & Social Sciences
Humanities & Social Science
Integral University, Lucknow



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Extension Activity Report



Community Awareness Program on "Support, Include, Empower" organized by Department of Humanities & Social Sciences, Integral University

Report on Extension Activity: Community Awareness Program on "Support, Include, Empower"

The Department of Humanities and Social Sciences, Integral University, Lucknow, in collaboration with the National Service Scheme (NSS), organized an extension activity titled **"Support, Include, Empower"** on **04 May 2026** at **Rainbow Society**. The program was conducted under **Sustainable Development Goal (SDG 3: Good Health and Well-being)** and focused on the **Government Scheme: Implementation of the Rights of Persons with Disabilities (RPwD) Act, 2016**. The primary objective of the programme was to raise awareness about the provisions of the Rights of Persons with Disabilities Act, 2016, which seeks to ensure equality, accessibility, non-discrimination, and equal opportunities for persons with disabilities. The session emphasized the importance of safeguarding the legal rights of persons with disabilities and fostering an inclusive environment in educational institutions and society.

Faculty members and NSS volunteers interacted with the residents and staff of Rainbow Society, discussing various aspects of disability inclusion, accessible infrastructure, healthcare, education, vocational opportunities, and social participation. Students actively engaged with the beneficiaries through interactive discussions and community engagement activities, gaining a deeper understanding of the challenges faced by persons with disabilities and the significance of empathy, respect, and social inclusion.

The program also highlighted the relevance of **SDG 3 (Good Health and Well-being)** by promoting mental, physical, and social well-being for persons with disabilities through awareness, community support, and inclusive practices. Participants were encouraged to become advocates for disability rights and contribute towards creating a society where every individual enjoys equal dignity, opportunity, and participation.


Prof Zeba Aqil

(Head) Department of Humanities & Social Sciences
Integral University, Lucknow

The program concluded with a vote of thanks to the management and staff of Rainbow Society for their cooperation and hospitality. The event successfully strengthened participants' awareness of the Rights of Persons with Disabilities (RPwD) Act, 2016, reinforced the values of inclusion and social justice, and reflected Integral University's commitment to community engagement, sustainable development, and inclusive education.

A total of 91 students from various disciplines participated enthusiastically in this extension activity. Noteworthy student participants included Mantasha Kausar, Kinza Fatima, Zahida Husain, Anas Rahmani, Aadrika Jeet, Sweta Pal, Insha Farooqui, Partibha Sharma, Umna Alvi and Prachi Jaiswal. Various awareness activities such as motivational talks, community interaction, and public awareness messages were carried out during the programme. Participants were encouraged to spread the message within their communities and contribute towards building a drug-free society. The program created awareness among the local community regarding the adverse effects of substance abuse. Participants gained knowledge about the importance of maintaining physical and mental well-being and were motivated to adopt positive life goals.

This initiative also strengthened the social outreach activities of the Department and encouraged students to actively participate in community welfare programmes. This program reflected the university's commitment to social responsibility, youth empowerment, and public welfare through meaningful community engagement activities and demonstrating Integral University's dedication to sustainable development goals.


Prof Zeba Aqil

(Head) Department of Humanities & Social Sciences
Humanities & Social Science
Integral University, Lucknow

Glimpse of the Event



Certificate distribution ceremony celebrating the active participation of students during the outreach program



Participants receiving certificates during the "Empower Ability: Donation for Dignity"

Zeba Aqil
Prof Zeba Aqil
(Head) Department of Humanities & Social Sciences
Integral University, Lucknow



A memorable group photograph reflecting the spirit of inclusion, compassion, and community engagement under SDG 3 and the Rights of Persons with Disabilities (RPwD) Act, 2016



Participants receiving certificates during the "Empower Ability: Donation for Dignity"

Zeba Aqil
Prof Zeba Aqil
 (Head) Department of Humanities & Social Sciences
Humanities & Social Science
Integral University, Lucknow



INTEGRAL UNIVERSITY



Department of Humanities and Social Sciences
Session 2025-2026



Extension Activity

Community Awareness Program on "Support, Include, Empower"

4th May, 2026

Attendance of the Students

S. No.	Name	Department/ Course	Enrollment No	Signature
1.	MAHEK FATIMA KHAN	B. A. (Hons.) in Psychology	2200101712	P
2.	ABDUL AHAD	B. A. (Hons.) in Psychology	2300100523	P
3.	ALEENA SIDDIQUI	B. A. (Hons.) in Psychology	1900102688	P
4.	AREEBA TARIQ	B. A. (Hons.) in Psychology	2300100773	P
5.	ARIEEBA KHAN	B. A. (Hons.) in Psychology	2300102797	P
6.	ARISH KHAN	B. A. (Hons.) in Psychology	2300103973	P
7.	BUSHRA JAMAL	M.A. Clinical Psychology	2200100453	P
8.	FATIMA ZOHRA AKHLAQ	M.A. Clinical Psychology	2200101280	P
9.	HEBA FATMA	M.A. Clinical Psychology	2500100851	P
10.	KHUSHI YADAV	M.A. Clinical Psychology	2200100167	P
11.	BUSHRA PARVEEN	B. A. (Hons.) in Psychology	2300100166	P
12.	EASHTHPAL SINGH	B. A. (Hons.) in Psychology	2300102189	P
13.	FAIZEEN KHAN	B. A. (Hons.) in Psychology	2300102307	P
14.	GARIMA JETLY	B. A. (Hons.) in Psychology	2300100360	P
15.	HERA ASAD KHAN	B. A. (Hons.) in Psychology	2300104956	P
16.	IQRA KHALID	B. A. (Hons.) in Psychology	2300100306	P
17.	IQRA KHAN	B. A. (Hons.) in Psychology	2300103846	P
18.	KINZA FATIMA	B. A. (Hons.) in Psychology	2300103295	P
19.	MAHIM HASHMI	B. A. (Hons.) in Psychology	2300102053	P
20.	MALLIKA SINGH	B. A. (Hons.) in Psychology	2300104179	P

Sign of Convener

Sign of Head



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Extension Activity

Community Awareness Program on "Support, Include, Empower"

4th May, 2026

Attendance of the Students

S. No.	Name	Department	Enrollment No	Signature
21.	ALINA FATIMA	B. A. (Hons.) in Psychology	2500100947	P
22.	ANAM FATIMA	B. A. (Hons.) in Psychology	2500104312	P
23.	ANAM FATIMA	B. A. (Hons.) in Psychology	2500103012	P
24.	ANAMIKA SINGH	B. A. (Hons.) in Psychology	2500107285	P
25.	UMNA ALVI	B. A. (Hons.) in Psychology	2300102465	P
26.	ABDUL SAIF	B. A. (Hons.) in Psychology	2400106382	P
27.	ADAB FATIMA	B. A. (Hons.) in Psychology	2400104366	P
28.	ADEEBA AKHTAR KHAN	B. A. (Hons.) in Psychology	2400103734	P
29.	AFIA TAHSEEN	B. A. (Hons.) in Psychology	2400105827	P
30.	ALIZA FATIMA	B. A. (Hons.) in Psychology	2400105839	P
31.	HINA KALIMUL EBAD	M.A. Clinical Psychology	2300102226	P
32.	ADITI SINGH	M.A. Clinical Psychology	2500102308	P
33.	ALSANIYA ARIF	M.A. Clinical Psychology	2500105919	P
34.	ALYEBA NOOR	M.A. Clinical Psychology	2500100018	P
35.	AMNA ASHFAQ	M.A. Clinical Psychology	2500104183	P
36.	ASHIFA BANO	M.A. Clinical Psychology	2400100071	P
37.	ASHKARA	M.A. Clinical Psychology	2400101446	P
38.	DAMINI SRIVASTAVA	M.A. Clinical Psychology	2400103443	P
39.	FATIMA MUSTAFA	M.A. Clinical Psychology	2100102373	P
40.	ISHA KHAN	M.A. Clinical Psychology	2100100061	P

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4th May, 2026

Attendance of the Students

S. No.	Name	Department	Enrollment No	Signature
41.	SHREYA VERMA	Master of Arts in Psychology	2200104471	P
42.	ALISHA FATIMA	Master of Arts in Psychology	2500104927	P
43.	AYESHAA NOOR	B. A. (Hons.) in Psychology	2500105485	P
44.	HABIBA SIDDIQUI	B. A. (Hons.) in Psychology	2500106753	P
45.	INNAMA FATIMA	B. A. (Hons.) in Psychology	2500102767	P
46.	MADHUP RAJ TRIPATHI	B. A. (Hons.) in Psychology	2500100122	P
47.	MANTASHA JAMAL	B. A. (Hons.) in Psychology	2500104690	P
48.	MOHAMMAD TALHA KHAN	B. A. (Hons.) in Psychology	2500101439	P
49.	MOHD ANAS RAHMANI	B. A. (Hons.) in Psychology	2500101753	P
50.	MUBASHIRA REHAN	B. A. (Hons.) in Psychology	2500101891	P
51.	NESA QAZI	B. A. (Hons.) in Psychology	2500105071	P
52.	NISHANT ANJUM	B. A. (Hons.) in Psychology	2500104315	P
53.	PRATIBHA SHARMA	B. A. (Hons.) in Psychology	2500101144	P
54.	REHAB ANJUM	B. A. (Hons.) in Psychology	2500101004	P
55.	RIDA FATIMA	B. A. (Hons.) in Psychology	2500100045	P
56.	RIMSHA FATIMA	B. A. (Hons.) in Psychology	2500100950	P
57.	RITIKA ANTHONY	B. A. (Hons.) in Psychology	2500105234	P
58.	SAMIYAH HASSAN BADAR	B. A. (Hons.) in Psychology	2500102673	P
59.	ABHIRUCHI CHAUDHARY	PGDGC	2500100200	P
60.	ADITYA KUMAR GAUTAM	PGDGC	2200104185B	P

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Attendance of the Students

S. No.	Name	Department	Enrollment No	Signature
61.	TAIBA MALIK	B. A. (Hons.) in Psychology	2300103269	P
62.	ZENIA NOOR	B. A. (Hons.) in Psychology	2300101780	P
63.	ZIA ABBAS	B. A. (Hons.) in Psychology	2300101421	P
64.	SAMRA ZUBAIR	M.A. (History)	2400105649	P
65.	SHAISTA SHAHEEN	M.A. (History)	2400105346	P
66.	FARHEEN FATIMA ZAIDI	PGDGC	1800100081	P
67.	FATIMA AFAQUE RIZVI	PGDGC	2500102245	P
68.	JAVERIYA KHAN	PGDGC	2500106405	P
69.	LAKSHMI MISHRA	PGDGC	2100101617B	P
70.	MALLIKA ROY	PGDGC	2500106858	P
71.	NISHATA PARVEEN	PGDGC	2100100034B	P
72.	SACHIN YADAV	PGDGC	2200104442B	P
73.	SHADMA TAUQEER	PGDGC	2100100773B	P
74.	MANTSHA KAUSAR	B. A. (Hons.) in Psychology	2300102301	P
75.	NAMRAH MIRZA	B. A. (Hons.) in Psychology	2300102159	P
76.	PRACHI JAISWAL	B. A. (Hons.) in Psychology	2300104298	P
77.	RACHIT RAJPOOT	B. A. (Hons.) in Psychology	2300104300	P
78.	RIDDHI SACHDEVA	B. A. (Hons.) in Psychology	2300103733	P
79.	SABA IMAM	B. A. (Hons.) in Psychology	2300104954	P
80.	SHEFA ABBAS	M.A. Clinical Psychology	2400100058	P

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Attendance of the Students

S. No.	Name	Department	Enrollment No	Signature
81.	AMNA ASHFAQ	M.A. Clinical Psychology	2500102668	P
82.	ANUSHREE CHAKRAVARTY	M.A. Clinical Psychology	2500101870	P
83.	ASEERIA MAHAMID HASAN	M.A. Clinical Psychology	2500105505	P
84.	ASFIYA KHAN	M.A. Clinical Psychology	2100100845	P
85.	ASHRAKA NAZ	M.A. Clinical Psychology	2500102977	P
86.	ASNA WAJAHAT ALAM	M.A. Clinical Psychology	2500101943	P
87.	MOHAMMAD SAJID ALI KHAN	B. A. (Hons.) in Psychology	2300103363	P
88.	SALLAUDDIN SIDDIQUI	B. A. (Hons.) in Psychology	2300102411	P
89.	MOHD SAQUIB	B. A. (Hons.) in Psychology	2300101642	P
90.	RASHID IQBAL	B. A. (Hons.) in Psychology	2300104330	P
91.	PANKAJ KUMAR CHOUDHARY	B. A. (Hons.) in Psychology	2300104106	P

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